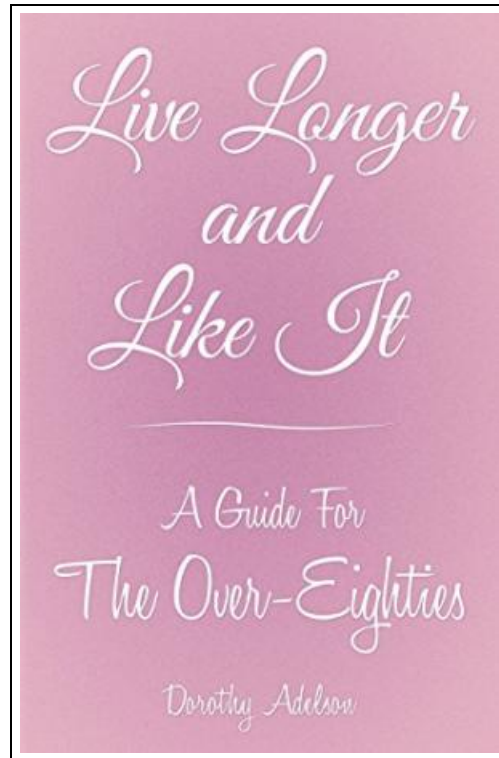


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LIVE LONGER AND LIKE IT: A GUIDE FOR THE OVER-EIGHTIES

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