



101 Pep-Up Games for Children: Refreshing, Recharging, Refocusing (Paperback)

By Allison Bartl

Hunter House Inc., U.S., United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. Children often find it difficult to make it through an entire day of structured activity be it school, daycare, camp, or a boys/girls club. These games and activities are the remedy. Refocusing a child's mind after a long lesson or event, they re-energize youngsters and improve the mood of any group. Many incorporate call-and-response and improvisation, strengthening a child's cognitive skills while relieving fatigue and facilitating concentration. Each game requires only the children, a leader, and a heavy dose of enthusiasm no props or preparation necessary! The book is clearly written and easy to follow, and its infectious sense of fun makes each of these activities the perfect antidote to late-afternoon weariness.

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