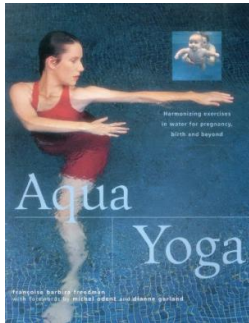


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AQUA YOGA: HARMONIZING EXERCISES IN WATER FOR PREGNANCY, BIRTH AND BEYOND



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