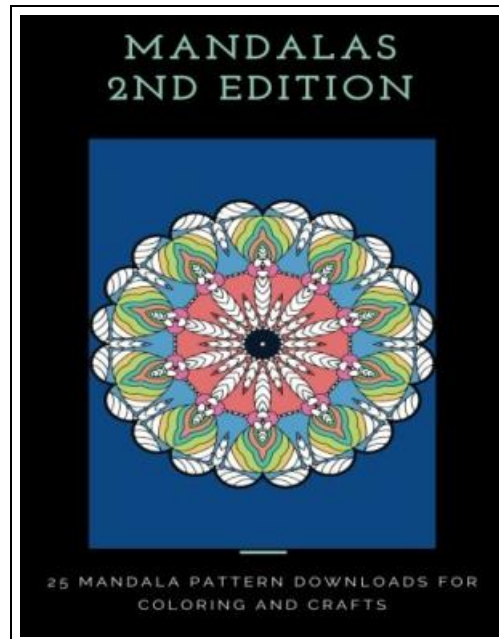


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If failure was impossible, what would you like to achieve? Years ago, I read this quote and it stuck with me. After a few days of meditating on this goal, I approached my husband and asked him if we could pack up and move to Australia. This was a wild idea. After all, we both had phenomenal jobs and we lived in Santa Barbara, California.paradise for so many. Yet, my heart was yearning for a simpler life. I created a vision board of what our lives would be like. We would start a family, own a farm (I know! Crazy for someone who has spent her entire working life in the corporate nonprofit world.) and slow down so that we would work to live instead of live to work. After meditating, I discovered that I needed to keep my hands busy as I pondered what success would look like in the future and I started coloring in mandalas for meditation. Fast forward 10 years. We now live on our dream farm just 10 minutes from the city. I work from home writing books, online courses, and focus on finding inspiration every day. Literally, we are living our dream with joy in our hearts. What is your dream? Have you set your goals for the future? Have you meditated on your future and set goals? Does this make you anxious or hopeful? This book of mandalas and goal setting inspirational quotes can help you on your journey. As you escape into the page, relieving your daily stress, you can ponder what success looks like to you. I recommend that you only do one mandala a day or every couple of days so that...



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