



Endometriosis For Dummies

By Joseph Krotec, Sharon Perkins

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Endometriosis For Dummies, Joseph Krotec, Sharon Perkins, Get the empowering info that puts you in control Take charge and take comfort in knowing how to live well with endometriosis Diagnosing and living with endometriosis isn't easy, but this disease doesn't have to rule your life. This book helps you find out and recognize typical symptoms. Plus, you'll get up-to-date info on traditional and alternative treatments -- ranging from medications and surgeries to acupuncture and massages. The authors provide plenty of compassionate advice on dealing with the pain and emotional issues, so you can enjoy life. Discover how to Evaluate treatment options Enhance your chances of getting pregnant Manage the pain Make lifestyle changes to minimize symptoms Deal with the emotional and financial challenges.

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