



Complete Hypnotism: Mesmerism, Mind-Reading and Spiritualism (How to Hypnotize: Being an Exhaustive and Practical System of Method, Application, and Use)

By A Alpheus

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 70 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Complete Hypnotism Mesmerism, Mind-Reading and Spiritualism How to Hypnotize: Being an Exhaustive and Practical System of Method, Application, and Use by A. Alpheus Hypnosis is a state of human consciousness involving focused attention and reduced peripheral awareness and an enhanced capacity to respond to suggestion. The term may also refer to an art, skill, or act of inducing hypnosis. Theories explaining what occurs during hypnosis fall into two groups. Altered state theories see hypnosis as an altered state of mind or trance, marked by a level of awareness different from the ordinary conscious state. In contrast, nonstate theories see hypnosis as a form of imaginative role enactment. We have seen that so far the history of hypnotism has given us two manifestations, or methods, that of passes and playing upon the imagination in various ways, used by Mesmer, and that of physical means, such as looking at a bright object, used by Braid. Both of these methods are still in use, and though hundreds of scientific men, including many physicians, have studied the subject for years, no essentially new principle has been discovered, though...



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