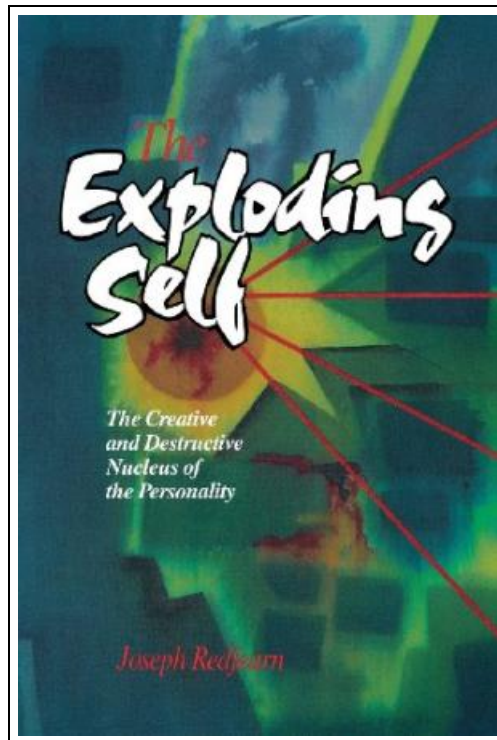


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THE EXPLODING SELF: THE CREATIVE AND DESTRUCTIVE NUCLEUS OF THE PERSONALITY (PAPERBACK)



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Chiron Publications, United States, 1992. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.There may be in each of us an impulse, however fleeting, to destroy the world with its evil, its problems and conflicts, either in momentary anger or in the hope of starting afresh. Now that we have the technical means to make this fantasy come true, it behooves us to explore its sources in a very serious way. It is obvious that groups, like individuals, sometimes enact the dark part of their nature in mass movements or accidental events, even when this dark part is only a small part of a whole with the best intentions and genuine ideals. In spite of detente, therefore, the destruction of the world by nuclear means, massive pollution, or political explosion remains a distinct possibility unless our hidden destructiveness is better understood. Creative regression, living closer to one's fundamental nature, is what we are learning about today. But how to apply our knowledge on a world scale so as collectively to avoid violent swings and explosions is, of course, the unsolved problem of our era of massive blindness and consequent mass behaviors. Joseph Redfearn, M.D., was born in 1921 in a Yorkshire mining town and educated at John Hopkins, Baltimore, and Maudsley Hospital, London. Since 1968 he has been a training analyst for the Society of Analytical Psychology in London. He is a past chair and was its director of training for many years. He continues to practice in London. Table of Contents Introduction The Bomb in Dreams: Unfaceable Aspects of the Self From Concrete Behaviour to the Ability to Use Metaphors and Symbols in Therapy The Interdependence of Our Outer and Inner Worlds The Explosive Self and the Maternal Container Trees, Fountains, Eggs, Volcanoes,...



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